

After over thirty years of research, study, and contemplation, I have developed my own theory on cancer, “Cancer in the Triple Burner (San Jiao)”. There are many theories on in traditional Chinese medicine. This theory, however, has not been presented by anyone before. This is an original theory based on my study and understanding of cancer through the years.

***Cancer is an illness of the entire body, not just a local area.***

As stated above, TCM treats the entire person rather than the illness alone. Illness frequently enters the body in an area that is weak and imbalanced. Cancer also follows this route to gain a toehold in the body. These weak areas are often in a state of obstruction due to a lack of Yuan Qi (Qi of life). It is here that cancer easily takes hold in the body. Once the cancer cells have established a hold, they look for other weak areas in the body through the Triple Burner. This is how cancer spreads in the body.

***The treatment principle for cancer is to clear the Triple Burner.***

If the Triple Burner is clear, cancer cells lose the internal environment for growth. Clearing the Triple Burner also cuts off the nutrient source of the cancer cells. Without nutrition, isolated cancer cells will stop growing and eventually disappear.

***Chinese medicine and Western medicine work well together in the treatment of cancer.***

When cancer is growing quickly or has already affected a large area of the body, the cancer cells obstruct the Triple Burner. Currently, Chinese medicine cannot replace Western medicine in expelling and killing cancers quickly. Therefore, in these cases, we need to depend on surgery, radiation or chemotherapy to kill most of the live cancer cells. This paves the way for TCM to clear the Triple Burner.

While undergoing Western treatment protocols, it is important to also undergo treatment in Chinese medicine. Herbs and acupuncture can reduce the adverse effects of radiation and chemotherapy, protect the normal healthy cells, improve the body’s Defensive Qi and help the body kill any cancer cells that survive the radiation and chemotherapy.

For patients unable to undergo surgery, radiation or chemotherapy, Chinese medicine or other forms of alternative care should be the first choice. There are many reasons why patients cannot undergo surgery, radiation or chemotherapy. The cancer may be too widespread or at a late stage or patients may be too weak or have other illnesses that prevent the use of radiation or chemotherapy. Whatever the case may be, these patients should not give up hope. Even some patients in this group who have chosen to undergo acupuncture and herbal treatment have survived with cancer, others have improved their quality of life and still others have been able to undergo surgery, radiation or chemotherapy after they have regained their strength. This is why it is important to have a positive outlook and not give up hope. In China, these cases are not rare.

With the development of my theory on cancer, I have been able to correctly apply other practitioners’ experience rather than just mechanically following their protocol and hoping for the best. It has become relaxing to talk with other doctors about their experiences. Distinguishing effective and non-effective methods is also easier. For

example, there is one method that increases the white blood cell count and also improves the immune system. Another method increases the white blood cell count faster but there is also the potential risk of the cancer spreading. If one only judges by the white blood cell count, it seems that the second method is better than the first. However, one must take into consideration all other factors. When doing so, one will see that the first method is superior to the second. Another example is pain relief. Some methods relieve pain by addressing the root cause of the pain. Initially, the pain relief may not be immediate. Other methods relieve pain by addressing the symptoms and the results are immediate. However, the cause of the pain is not tackled and relief is not long-lasting.

Only when one truly understands the holistic nature of Chinese medicine can one tell the difference between methods and correctly understand and apply the experiences of others. I am now confident in my theory on cancer and am including the treatment of patients with cancer as another of my areas of specialty.

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